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Season's Greetings!

This joyful time at the end of the year always brings into focus the recurring theme of Love and Gratitude. There is much to reflect on and to contemplate as we move forward with anticipation and Love! for the new year, 2025!

Riding on the wings of December, Clarity and Closure are propelling us forward towards our next adventures. The changing of the seasons creates energetic shifts that support us in a multitude of ways, seen and unseen, as we continue to ponder our world, who we are, how far we've come and where we are going. Are we aligning with our Soul's intentions?

The desire to be more connected to our Soulful Self, our true essence of Living Love, and having Gratitude for our moments gives us pause to reflect on the flow of our Life journey and recognize how that flow is always dependent on our responsible choices and the effects those choices have, not only for ourselves, but for everyone and everything around us.

Wishing you the Happiest of Holidays!
Joy and Peace ~ May ALL Hearts Heal ~

*The Lemurian Connection Team and
Mount Shasta Light Publishing*



A Quote from Adama

"...Invest yourself in developing and integrating the true love of your Divinity. This takes time, love of self, effort and commitment on an ongoing basis; it simply does not happen on its own...there is nothing more important for you to be doing at this time..."

From The Seven Sacred Flames, The Third Ray



[The Telos Book Series](#) and [The Seven Sacred Flames book](#) open us to an extraordinary opportunity to fully embrace and use the transformational tools within, to open our hearts and minds and explore the possibilities of who we truly are, multi-dimensional beings purposefully returning to Love. The books offer wonderful support while circumventing some of life's challenges and assist us in recognizing our connection to a greater world of Love and Peace.

Let's embrace and love every aspect of ourselves, putting a smile on every breath, continually nurturing every cell in our bodies. Let's continue to immerse ourselves in Love and Gratitude for ourselves and everyone and everything. Let's create and experience Happiness and know Joy in our moments and be fully present in the moment we're in.

~ May ALL Hearts Heal ~



Telos Books Package

~~\$60.00~~

\$50.00

Package includes all three Telos Books, Volume 1, 2, and 3 by Aurelia Louise Jones.

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SOFTCOVER Seven Sacred Flames PACKAGE

~~\$47.00~~

\$40.00

Beautifully crafted softcover book The Seven Sacred Flames. Package includes the companion booklets, The Ascension Flame of Purification and Immortality and the Prayer Booklet.

[View Product](#)

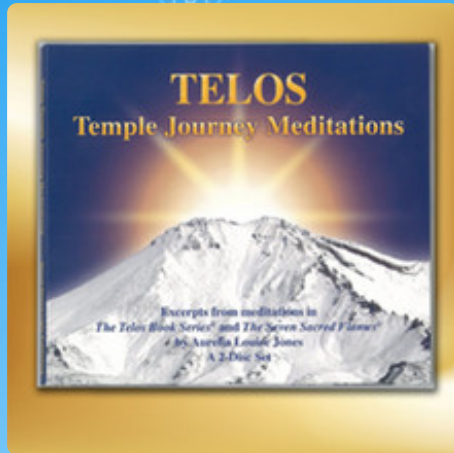
New! Seven Sacred Flames Meditations

A social media campaign has been launched sharing one of the Seven Sacred Flames Meditations each week. Be sure and Like or Follow Mount Shasta Light Publishing's Facebook and Instagram pages and The Lemurian Connection's Facebook, Instagram, and YouTube pages. This is the perfect time to revisit the Temples or experience them for the first time.

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The Lemurian Connection



TELOS - Seven Sacred Flames Temple Journey Meditations

\$25.00

\$10.00

Come with us on a journey with the Sacred Flames in the sacred temples in Telos.

[View Product](#)

LET LOVE LEAD....LIVE LOVE!

A potent reminder that we must make a conscious choice to allow every thought, word, and deed to manifest the unconditional love that is already within us.

Useful Resources

Guided Meditations

[The Crystal Rose Flame Temple of Love](#)

[The Third Ray Temple Meditation](#)

[Click here for the video](#)

[The Violet Flame](#)

[The Seventh Ray Temple Meditation](#)

[Click here for the video](#)

Weekly Telos Calls

Telos Weekly Conference Call: Facilitators: Marie Phillips and Sue Parry. New topics weekly.

The Teleconference Number Code: 445613

For more information: www.lemurianconnection.com

Global Ascension Ceremony

3rd Thursday of the month.

Contact Marie Philips mariep@comcast.net or

Sue Parry suemparry@uwclub.net for instructions and more information.

A lovely experience!

For more information: www.lemurianconnection.com

2nd Saturday Prayer Call

The Teleconference Number Code: 445613

Contact Marie Philips mariep@comcast.net or

Sue Parry suemparry@uwclub.net for instructions and more information.

For more information: www.lemurianconnection.com

Study Groups and Ascension Ceremonies

Check [Telos-USA](#) for groups and ceremonies that may be in your area. If you are interested in forming a group or creating a ceremony, please contact Telos-USA.



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